

Let Love International Service Trip

Callao, Peru

March 21, 2020 - March 28, 2020



Helpful Information

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ABOUT LET LOVE INTERNATIONAL

Let Love is a charitable non-profit that works to help children and their families live healthy, safe and abundant lives.

Our Mission is to break the cycle of poverty by providing a safe environment to educate and nourish the physical and spiritual needs of marginalized children.

We are a 501 (c)(3) charitable non-profit, based in Naples, Florida. Let Love International, the NGO established under the laws of Peru, is based in La Perla District of Callao, Peru.

Let Love conducts quarterly free medical campaigns in La Perla District. Several hundred people receive medical attention at each of these events which are served by twenty plus health professionals and 25 or more volunteers. Our new dental clinic, which is managed by our full-time Medical Director and other volunteer dentists, provides affordable care for individuals who would never be able to afford it. Only three children out of our first 55 patients had ever been inside a dentist's office! Let Love also has a supplemental education program that it operates in conjunction with the City of Callao. During the first quarter of 2020 we will be formally announcing a building campaign to house our Child Educational Sponsorship Program on property owned by Let Love.

In addition to our work in Peru, Let Love acts as a facilitator in bringing large church groups to Guatemala to perform missionary work with our partner, Hope of Life International. They have served tens of thousands of Guatemalans and Missionaries from their 3,000-acre campus in Zacapa, for nearly 30 years. Just this past year Hope of Life rescued over 2000 malnourished babies from the mountains. We are blessed to have this association and aspire to accomplish just some of what they have.

A LITTLE ABOUT PERU

Peru is a country of 31 million people located on the western coast of South America. It is the third largest country in Peru, just slightly smaller than the State of Alaska. Peru has breathtaking beauty, gorgeous beaches, spectacular snow capped mountains, an enormous rainforest, coastal deserts, the world's highest lake and of course Machu Picchu. It has been named "World's Leading Culinary Destination" six years in a row. The food is simply outstanding, no matter your taste.

There are three official languages spoken in Peru: Spanish, Quechua and Aymara. The People of Peru are typically hardworking, kind and respectful people. The threat of violent crime in most of Peru is little different than in any large city in the USA. As is the case in any US city, there are areas that are very safe and others that should absolutely be avoided. The area in which we will be performing our service work, La Perla District, will require that we have moderate security with us at all times. Never leave the group unless accompanied by someone serving in security.

There is an overall poverty rate of 21.7% in Peru. This rate reflects a 1% increase which is the first

increase since 2012. Rural poverty is 50% with extreme poverty affecting 20% of the people. The recent spike of 2.3% in poverty occurred in the Lima area. Although the Literacy rate in Peru is 94.1%, it does not truly reflect its dismal ranking as compared to other Latin America countries. Families with any financial means enroll their children in private schools. The poor are not receiving an adequate education and as a consequence are unable to break out of poverty. Let Love International is working to make a difference through Child Educational Sponsorship and supplemental education programs. We are working together with the local neighborhood and the City of Callao.

TYPICAL DAILY SCHEDULE

- 7:00 AM Buffet Breakfast
- 7:55 AM Van Ride to site of service.
- 9:00 AM Begin work on Team Project.
- Break for Lunch
- Resume work on Team Project
- 4:00PM Return to Hotel
- 4:30PM - Free time unless there are scheduled recreational activities.

There will be a comprehensive tour of the area that we will serve

* There may be an opportunity to serve in other areas if they present.

** There will be an organized evening opportunity to visit Lima sites - Palace, Centro Lima, the Circuito Magico Del Agua Water Park and more if time permits

*** There will be a day dedicated to an Excursion to view the beauty of Peru and its People (Paracus & Huacchina)

***** Friday evening - Dedication of Team Project and Special Dinner Event in Callao

MEALS

- Full buffet Breakfast at your Hotel
- There will always be snacks, and bottled or Purified Water available throughout the Day at our Mission house which is as short distance from the project site.
 - Sodas, Gatorades, snacks, and ice creams are available for purchase locally
- At least Two Evening Meals will be provided by Let Love.
- All other dinners will be the responsibility of the Team Members

Peru is a culinary treasure trove! You will have a golden opportunity to sample it.

LODGING

- We will be housed in 3-bedroom suites with a common living area and full kitchen.
 - Each bedroom has its own full bathroom.
 - Maximum 2 people per bedroom

- Spousal accommodations will be available.
- Buffet Breakfast included
- Free Fiber optic Wi-Fi
- Telephone - International/National - Available for a fee.
- Gym Facility Available
- Laundry Service - Available for a fee.

INTERNET

- Wi-Fi is available in our hotel at no charge. It is also available at the Mission house that we will be using as our base of operations. It can be purchased at an additional cost of \$5.00 per device - due upon your request for a connection.
- Wi-Fi and cellular service will generally be available where we stay and work, but it is not available in the villages, and the use of your phone and hotspots is discouraged while you are serving the people. We recommend being as present as you can during your time with us and limiting your internet usage.
- It is advisable to contact your Cell Phone Provider before leaving the USA to determine what options you may have.

IMMUNIZATIONS

The Geographic areas that you will be traveling in do not have many immunization requirements that differ greatly from the USA. Consult with your Doctor at least 30 days prior to departing.

- Let Love suggests that you follow the immunization recommendations of the Centers for Disease Control & Prevention (CDC). Refer to their Website:
<https://wwwnc.cdc.gov/travel/destinations/traveler/none/guatemala>
- Be aware that many of these vaccines can make you feel ill and should be administered in the recommended time frames.
- Should you or anyone in your group have a medical emergency, experience a reaction to a medicine, or have a reaction to a food or allergies – there are medical professionals available and we are within driving distance of private hospitals and clinics.

AIRPORT PICK-UP

- When you arrive, you will first go through immigrations; For this you will need your passport and the explanation that you are there for service or missions' activities. It is a very simple process and will just take time, depending on the length of the line.

- When you reach baggage claim find your bags and line up to go through security and customs.
- Once you pass through security you will enter an area where the Rental Car Agencies are located. We suggest you wait in this area for anyone you are traveling with (Or at least know their status) before leaving this area as you will not be able to return.
- Outside you will be greeted by many people waiting for their friends and guests. Look for the Person with the Let Love International sign and red logo. There will be a translator and at least one other person there to assist you with your luggage.
- The ride from the airport to your hotel usually takes less than half an hour. Soon you will be able to unpack, relax and/or go to sleep depending on the time of the day.
 - You should plan your arrival between 8:00pm and Midnight and your departure after 8:00pm in order to have Let Love transport you.
 - You will be able to secure your own transportation with Uber or by Taxi if your flights fall outside of these times. Notify us of any last-minute changes or delays.

PACKING ESSENTIALS

- Good Rule of Thumb: If in doubt, don't bring it.
- Active wear (appropriate for hot weather and outdoor activity that may be ruined during work)
- Undergarments
- Sleepwear
- Sunglasses, Hat
- Work gloves
- Closed toe shoes for work on projects
- Tennis shoes (may be ruined during work)
- Flip-flops or sandals (for shower or evenings)
- Sunscreen (min SPF-30) and Aloe Vera
- Reading materials (Bible, journal, Spanish dictionary, reading book)
- Toiletries (toothbrush, toothpaste, soap, shampoo, conditioner, shaving cream, contact solution, brush, etc.) Lip Balm
- Bug spray with DEET
- Medicines (Rx, antidiarrheal (Imodium AD), headache meds., Pepto Bismol, Tums, Dramamine, etc.)
- Emergency Towel and washcloth
- Flashlight with batteries
- Hand sanitizer
- Refillable water bottle

- Camera
- Ear plugs/Eye mask
- Candy Bars, snacks, Power bars,
- Cards, small games,
- Photos of your family, home city, to share with people you meet.
- Small toys, candy, and gifts for the local children.

PERSONAL APPEARANCE

In general, you will feel more comfortable if you dress more conservatively than you do at home.

Men's Attire --

- Work/Casual – modest shorts, pants, jeans, and t-shirts.
- More Formal – khakis, jeans, button up shirts or polos.

Women's Attire –

- Work/Casual – modest shorts (Mid-leg or longer) , capris, pants, jeans, and Tshirts. 4 to 5 T-shirts, 4 to 5 shorts.
- More Formal – skirts or dresses (knee length) with a sleeved shirt, light sweater/shrug.

Modesty – We must respect the local culture, we are guests in their Country.

- No short shorts, exercise shorts, short skirts, bare shouldered dresses or halter tops.
- Cover excessive Tattoos. In their culture tattoos are typically associated with gangs.

CURRENCY AND SPENDING MONEY

- \$1 = 3.34 Soles
- Exchanging of brand new bills that are \$20 or higher is available at banks or with money changers
- Amount of spending money depends on your discretion.
 - If you participate in an optional “Excursion Event” bring extra money.
- There may be an opportunity to purchase items made by locals.

WEATHER & CLIMATE

Lima, the Capital of Peru is a Subtropical Desert.

- December to April is Peru's summer and is the warm season.
 - Minimum 65.5° Maximum 79°
- June to October is cool and is usually humid and cloudy.
 - Minimum 59° Maximum 66°
- Sunshine is good - December to April
- Sunshine is very poor - June to November
- Precipitation is minimal year-round.

Volunteer Travel Insurance

BENEFIT	LIMIT	COMMENTS
Accidental Death & Dismemberment	\$100,000	Reduced to \$10,000 for those under age 12 or age 70 and over
Medical Expenses <i>\$100 deductible</i>	\$10,000	Primary coverage; \$2,500 of this limit is available to pay U.S. or Canadian providers; no preexisting condition exclusion
Disability Income Benefit <i>(no benefit if under age 12 or 70 and over)</i>	\$1,000/month \$500/month \$250/month	First 100 Months—Accident Months 101–200—Accident 50 Months—Sickness (after 3 month waiting period)
Assistance Service	Included	Available 24/7/365 for assistance with worldwide medical emergencies; provided by Specialty Assist™
Emergency Medical Evacuation	\$100,000	Coordinated by Specialty Assist™; will bring insured back to USA; no preexisting condition exclusions
Crisis Management Service*	Included	Available 24/7/365 for assistance with worldwide non-medical emergencies; provided by red24
Security Evacuation*	\$100,000	Coordinated by red24; for evacuation due to crime, civil unrest, natural disasters, kidnap/hostage situations**
Family Coordination and Repatriation of Mortal Remains	\$25,000	Combined limit for both benefits and includes a sublimit of \$2,500 for extra expenses incurred during an approved evacuation
Personal Property <i>\$100 deductible</i>	\$2,500	“Door to door” replacement cost coverage includes checked baggage; higher limits available upon request.
General Liability	\$1,000,000	Worldwide jurisdiction; includes coverage for injury to a volunteer; covers volunteer and sending organization
PARTICIPATION FEE	\$3.30 per person per day	

By requesting that we enroll you or your group, you are agreeing to participate in International Helpers (Guernsey) Trust for certain benefits and services. The Trust Participation Agreement is attached for signature and return with enrollment. The insurance is being provided by certain underwriters with Lloyds (London).

*The cost of a security evacuation is only insured up to \$1,000 in countries and regions deemed Extreme Risk by red24, unless the volunteer is already in the country and insured by this plan when the country or region is elevated to Extreme Risk status. red24 cannot guarantee service in Extreme Risk areas. If you are traveling to an area that may be subject to this limitation, please contact us.

** While red24 will deploy a specialist or negotiator as needed, this benefit **does not** pay ransom amounts.

This brief summary is not an insurance policy; rather, it outlines some of the features of this coverage. For specific details, please contact our office or refer to the policy. This is not a major medical policy. Major Medical Coverage is available for individuals and groups on Short-Term and Long-Term international assignments. An Aggregate Limit of \$20,000,000 applies to the above benefits. This limit provides the full \$100,000 AD&D benefit for up to 200 persons in a common accident.

To secure coverage, complete the enrollment form and return along with your check made payable to: Gallagher Charitable International Insurance Services. In computing the number of days, count the departure day as well as the day of return. If the entire group is not traveling on the same dates, please attach a separate sheet grouping the volunteers by their travel dates.

Emergency Contact Information

Group Name:

Let Love International

Team Leaders:

Jeff Mocarsky

C. 401.481.2256

E. jeff@Letlove.us

Pamela Bhatia

C. 401.529.2850

E. pamela@artisticimages-ri.com

Emergency Contact - United States

Let Love International

Brandon Braddock

401.487.3964

E. brandon@letlove.us

Emergency Contact - Peru

Pastor Hugo Guaylupo

C. 992 854 285

Destinations in Peru

Mission House: Let Love International, ONG

1272 Victor Fajardo

La Perla, Callao, Peru

Hotel: APART INKARI

Magdalena del Mar, Lima, Peru

O: 969 004 657

We ask that calls be limited to priority or emergency situations as all phone numbers are personal.

In most cases if a Team Member makes arrangements in advance with their mobile carrier they can have phone service in Lima, Peru